Please cite as: EUAA, 'Introduction to coaching' in *Training Catalogue*, Lúnasa 2022.

Introduction to coaching

Key information

Learning outcomes & description

Details

Key information

This module is not translated. It is available only in English.

Target group

Asylum & reception officers, EUAA trainers and assessors

EQF/MQF level

Level 6

Version

Version 1 (2022)

Entry requirements

Full qualification at EQF Level 5 or equivalent AND proficiency in English

Prerequisites

n/a

Assessment

No

Learning outcomes & description

DESCRIPTION

This module aims to provide learners with knowledge, skills and competences related to the application of a coaching approach in professional contexts and to distinguishing coaching from other

types of professional interventions.

It covers key coaching principles, techniques and tools, with a crosscutting focus on goal setting and SMART approach facilitating learning and responding effectively to professional situations in asylum and reception contexts.

LEARNING OUTCOMES

At the end of this module, the learner will be able to:

Skills

1. **Selectively apply techniques to ensure continuous improvement and development as a coach in a long-term process.**

Competences

2. **Plan and implement a coaching approach and techniques to reach a meaningful, action-oriented conclusion.**

DELIVERY METHOD

This module is delivered through a blended learning approach, combining online studies and face-to-face sessions.

The online component focuses on learning activities and interactive content about coaching, and face-to-face sessions focus on the application of the acquired knowledge and skills through different learning activities.

Details

	Details
Duration	**10 hours online learning (self-paced)** **3 days face-to-face**

Details

Language **English**

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